

GARFORTH CLUSTER

Scarlett Elliot (Cluster Manager)

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Key Priorities

Support children and families generally and around behaviour/emotional well-being

Assist in maintaining a high level of attendance

Reduce the number of young people at risk of becoming NEET (Not in education, employment and training)

Build effective partnerships with schools and other agencies

Seek to improve transition arrangements

Cluster Offer to families

General Family Support – accessed through the referral process, usually through school (a small waiting list of about 4 weeks at the moment)

Parenting Family Support - offer of a 10-week primary age parenting programme (Family Links - Parenting Puzzle) and high school age parenting programme (Take 3) delivered usually on a 1:1/1:2 basis at home/our office or we can also do small group work in school etc. Available to any family, usually through a school referral, who wants to improve their parenting. This can be preventative rather than just reactive. (A small waiting list of about 4 weeks at the moment.)

Triple P – Evidenced based/government approved online parenting strategies for primary and secondary ages. Triple P Online is a self-directed, web-based parenting program that includes eight online modules

- Modules: Each module is 30–60 minutes long.
- Access: Parents have 12 months of online access to complete the program.
- Devices: Parents can complete the program on a computer, tablet, or smartphone.
- Content: The program includes an online parent workbook, videos, exercises, downloadable tip sheets, emails, podcasts, and optional text reminders.

Triple P Online is most suitable for parents of children aged 2–12. The program can help:

- Reduce social, emotional, and behavioural issues in children
- Improve parents' confidence and capability
- Reduce parental levels of stress and depression
- Help children be resilient, confident, and have the self-discipline to succeed
- Teach parents how to positively manage behaviour they don't like

Barnado's Cygnet Course

Friday morning 9.30am -11.30am - referrals from school.

[Cygnet Programme](#) Cygnet Autism Support. A support programme for parents and carers of children and young people, aged 5-18, who are autistic.

Parents of autistic children face the usual positive and difficult challenges of parenting and quite a few more. Attending a Cygnet autism support programme gives parents and carers an opportunity to develop their understanding of autism and consider ways to support their child.

It also provides the opportunity to meet other people in a similar position and hear about their experiences in an informal but supportive atmosphere.

Facebook: [CygnetAutismSupport](#)

Erica supports in a school every Monday morning or afternoon for parent drop-ins etc to have a chat about any concerns etc. She spends about half a term in each school working alphabetically through the cluster primary schools. Started September 2024.

Family support work disadvantage fund – accessed via referrals (Christmas gifts etc)

Help families to access MST (multisystemic therapy) /Family Action & Signpost – accessed through the referral process (intensive family support)

Cluster counsellor (Dave and Pam)– accessed through referral process (age 5 upwards) 6-8 sessions, (About 6 months wait time)

Mindmate (Leeds City Council) counsellor (Dave and Pam) accessed by GP's through SPA (single point access hub) & cluster schools (age 5 upwards) leads onto CAHMS (Some based at A+E) etc

Family support and signposting for SEN students/pupils – access to direct payment through EHP's, accessed by referral process

Mentoring (1 to 1) through 'Leeds Faith in Schools' for high school students in Garforth Academy (About a 12 week wait time)

Group work led by Scarlett and Erica on anger management and emotional wellbeing each half term (schools refer) for high school pupils

Silver Cloud parenting and young person (Y6 upwards) programme (Online CBT low mood/anxiety/ADHD/Autism coming soon) – accessed through referral process schools or us directly with Dave the counsellor supporting the programme with feedback etc.

Uniform Grant – School to distribute letters, cluster to fund £20 primary/£25 high school – can claim back with receipt when bought from shop (free school meals pupils usually)

Cluster project fund – School to access for extra resources to enhance priorities

Cluster access to food parcels via The Trussell Trust and other organisations

Support transition days at Garforth Academy

Holiday Programme/information booklet in summer for families

Attendance meetings in school/home etc to break down barriers to children getting to school.